



COACHING AT EMERALD LAKERS BASKETBALL CLUB

There are many reasons why an individual has decided to become a basketball coach. Some of us are former players who are looking to give back or stay involved in the game. Some of us have children who play and we volunteer to coach their team. Others are asked to coach within their community to fill a need. Whatever your reason, coaching young players requires a high level of responsibility and maturity. Coaching young players should be thrilling, exciting, rewarding and fun.

BASKETBALL KNOWLEDGE

As the coach of a team, group or individual, you will need to develop an understanding of fundamentals, rules and various strategies based on the level you are working with.

At Emerald Lakers Basketball Club we have teams of all levels of play, Emerald Lakers have teams that will require only basic fundamental education but will also require a deeper sense of nurturing confidence, fun and enjoyment that is important for kids to have continued enjoyment and involvement in sport.

The more advanced levels will require deeper basketball education as well as a more philosophical approach to coaching. Often children who are naturally more advanced require rigour in training and fast paced training drills. They often play more than one sport and require challenging and engaging training sessions.

Our website has drills that will serve as a valuable resource as you develop as a coach and give you the confidence to coach youth basketball.

COACHES DEVELOPMENT

Emerald Lakers Basketball hold special club training sessions and club nights where all players and coaches can enjoy being part of community club all the while learning how to play basketball and develop new skills.

Emerald Lakers have experienced coaches who can offer assistance and support when required. Lakers offers coaches specialist nights and opportunities to complete community coaching courses as well as the Level 1 coaching accreditation. Lakers will keep coaches informed with what is going on in and around the Basketball community, and where our coaches can gain insightful learning experiences to enhance confidence and coaching development.

Emerald Lakers hope that the attached drills will serve as a valuable resource to you and help you develop as a coach.